



PUBLIC NOTICE

Intent to Award Contracts

AUTHORITY: Formed in 1962, the District operates under the Local Hospital District Law (1945) and the District Reorganization Act (1965) which charge Districts to develop and expand health care infrastructure in underserved and geographically isolated areas.

SUBJECT: As per the 2021-2024 Strategic Plan, the Sierra Kings Health Care District, wishes to consider mini grant proposals from agencies and organizations interested in implementing projects that impact Obesity, Diabetes, and/or Behavioral Health.

Request for Proposal No. 2021-03 General Grants

Contract No.: 2021-01		Amount Awarded: \$25,000
Agency Name: Adventist Health		Program Name: CREATION Life Program
Brief Summary of Project: The CREATION Life Program expands access to preventative obesity and diabetes health services and supports by providing three 10-week seminars to the community in both English and Spanish. The seminars are designed to increase knowledge of good nutrition and activity. Participants will receive health screenings and practice monitoring key health indicators. The CREATION Life Program will also hold two 2-day seminars (English and Spanish) for trusted community leaders with the intention to gain their buy-in resulting in them hosting the 10-week seminars. Finally, the CREATION Life Program will engage with program alumni for a graduation, focus group to garner feedback for Program improvements.		

Contract No: 2021-02		Amount Awarded: \$25,000
Agency Name: Community Youth Ministries	Program Name: Youth Behavioral Awareness	
Brief Summary of Project:		
<p>The “Youth Behavioral Awareness Program” will target students in grades 1-8 at twelve KCUSD sites with classes focusing on 4-pillars:</p> <ol style="list-style-type: none"> 1. 24 Nutrition classes will involve two guest speakers on healthy eating choices and students will be provided a healthy snack. 2. 24 Trauma classes will involve two guest speakers on self-care, healthy relationships, and substance abuse. 3. 24 Parent-Child Relationships classes will involve two guest speakers on healthy parent-child relationships. Parent participation will be encouraged. 4. 24 College Readiness classes will involve two guest speakers on college readiness and a college campus visit throughout the year. 		
Contract No.: 2021-03		Amount Awarded: \$25,000
Agency Name: California Health Collaborative	Program Name: Diabetes Prevention Program	
Brief Summary of Project:		
<p>The proposed Diabetes Prevention Program (DPP) is an evidence-based curriculum created by the Center for Disease Control (CDC). The CA Health Collaborative has implemented this program in Fresno County for over six-years and employs DPP certified trainers. Using the CDC approved schedule, the DPP is composed of 26 sessions that begin weekly, reduced to bimonthly after 16 classes, and further reduced to once monthly after 20 sessions. The CA Health Collaborative will replicate this programming in the 5 Zones of the District, with the anticipation of 10 participants in each Zone. The DPP will also include community outreach through the participation in at least 3 community events. Finally, as an incentive for participation, the DPP will issue “Food Farmacy Rx” that can be used as vouchers at grocery stores.</p>		
Contract No.: 2021-04		Amount Awarded: \$19,120
Agency Name: Sierra View Homes	Program Name: Get Moving	
Brief Summary of Project:		
<p>The “Get Moving” program will offer ten 8-week classes concentrating on balance, gait, and strengthening. Nutrition education will also be incorporated with an emphasis on using food as medicine. Participants will be seniors in independent living accommodations that are typically 85+.</p>		

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